Psychological Evaluation Guidelines

This page is to be given to the evaluating psychologist or psychiatrist.

I. Evaluation Process and Testing Instruments
   A. Behavioral Observations/Clinical Interview
      1. Mental status evaluation (Required)
      2. Clinical interview regarding family of origin, psycho-social development, self-perceived strengths and weaknesses, psychosexual development, vocational interest, and leisure activities. (Required)
      3. Many professionals find the Multi-Modal Life History Questionnaire to be helpful. (Suggested)
   B. Objective Measure
      1. MMPI or MMPI-2 (Required)
      2. Another instrument such as the 16-PF, CAQ, MCMI, FIRO-B, etc. at the discretion of the evaluating psychologist is to be used. (Required)
   C. Projective Techniques
      1. Rorschach Ink Blot Test (Required)
      2. Techniques such as the TAT, Human Figure Drawings, HTP, Sentence Completions, etc. are to be added at the discretion of the psychologist. (Suggested)
   D. Intelligence Testing
      1. Usually high school and college transcripts along with SAT, or ACT, etc. are sufficient to assess capacity for seminary study and are considered in other parts of the application process.
      2. The Shipley Institute of Learning Scale and sub-test of the Wechsler Adult Intelligence Scale III (WAIS-III) may be used. (Optional)
      3. If the applicant is identified as learning disabled, Saint Charles Borromeo Seminary requires that the Wechsler Adult Intelligence Scale III (WAIS-III) must be included in the psychological profile.

II. Focus Questions/Issues for Report (Required)
   A. Overall level of functioning
      1. Axis I or Axis II disorders
      2. Level/presence of tendencies or elements of symptoms of depression, anxiety, personality disorders, etc.
   B. Assessment of residual conflicts from family of origin
   C. Assessment of psychosocial maturity
   D. Assessment of psychosexual maturity
   E. Assessment of impulsivity, tolerance for frustration and level of commitment
   F. Assessment of attitude towards authority
   G. Assessment of level of insight and motivation to address areas for growth.
III. Results

A. A feedback interview with the applicant is required. A brief summary of this interview should be included in the report.

B. The full report of the psychological evaluation should be mailed by the psychologist as soon as possible after the evaluation to the following:
   Admissions Office
   Saint Charles Borromeo Seminary, Overbrook
   100 East Wynnewood Road
   Wynnewood, PA 19096
NB: The Admissions Committee reviews psychological reports from many different counselors from different parts of the country when reviewing application material. In an effort to standardize the method of reporting the following guidelines are provided. Please follow this format when completing your report. Thank you.

I. Identifying Information (Required)
   A. Name of person being evaluated
   B. Date of birth
   C. Date(s) of examination
   D. Date of report
   E. Name of examiner(s)

II. Purpose
   A. Reason for evaluation
   B. Referred by (Arch)Diocese, Community or person
   C. Release of information acknowledge

III. Assessment Techniques
    A. Please list all techniques used

IV. Clinical Interview (Required)
   A. Behavioral observations
   B. History of family of origin
   C. Psychosocial development
   D. Educational history with noticeable strengths and weaknesses
   E. Psychosexual orientation, development and notable history
   F. Physical and mental health issues or history
   G. Self-perceived strengths and weaknesses
   H. Vocational interest and family support
   I. Leisure activities
   J. Mental status examination

V. Results of Testing (including)
   A. Name of tests
   B. Validity
   C. Level of defensiveness
   D. Summary of results including, if meaningful, most elevated or depressed scales or sub-test
   E. Profiles of those with similar results
   F. Inter-relationship of testing results

VI. Focus Questions/Issues for Report (Required)
   A. Overall level of functioning
   B. Axis I or Axis II disorders
C. Level/presence of tendencies or elements of symptoms of depression, anxiety, personality disorders, etc.
D. Assessment of residual conflicts from family of origin
E. Assessment of psychosocial maturity
F. Assessment of psychosexual maturity
G. Assessment of impulsivity, tolerance for frustration and level of commitment
H. Assessment of attitude towards authority
I. Assessment of level of insight and motivation to address areas for growth

VII. Summary (Required)
A. Recommendations (Required)
B. Regarding suitability for study at the Seminary
C. Concrete recommendations for areas of growth in a formation program

D. Feedback Interview (Required)
   1. Date of interview
   2. Persons present
   3. Reaction to feedback

VIII. Signature (Required)
A. Signature(s)
B. Typed name of evaluator(s)
C. Title(s)