



SAINT CHARLES BORROMEIO SEMINARY, OVERBROOK

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DIACONATE PASTORAL INTERNSHIP

SELF-ASSESSMENT ESSAY INSTRUCTIONS

Using your *Supervisor's Evaluation* and your *Agreement for Learning* as a starting point, describe your own experience of your Pastoral Internship in a personal, reflective *Self-Assessment Essay* in a minimum of five pages.

- **Review and assess** your Pastoral Internship in light of the expectations and goals described in your *Agreement for Learning*.
- **Comment** on your *Supervisor's Evaluation* of you ... agreeing or disagreeing with his insights and adding your own supplemental comments.
- **Reflect** on your experience of being supervised:
 - > Assess your own growth and development in the areas of human, spiritual, intellectual and pastoral formation.
 - > Connect your observations in these four dimensions of formation with the issues and insights that have been part of your ongoing conversations with your Formation Advisor.
 - > You may also want to use the *Commendations* and *Recommendations* to acknowledge specific accomplishments and/or proficiency, as well as areas where you feel growth is needed.

DEACON: Please adhere to form due dates and distribution specified in *Diaconate Pastoral Internship Directives*, Item No. 8. Note that *originals* always go to the Office of the Director of Pastoral and Apostolic Formation; retain a copy of all forms for yourself.