

# FIRST FRIDAY DEVOTIONS



EXPOSITION OF THE BLESSED SACRAMENT  
WITH LITANY OF THE SACRED HEART

ST. CHARLES BORROMEEO SEMINARY  
MAY 5, 2023

**Agnus Dei**

*Michael W. Smith*

Alleluia, Alleluia,  
For the Lord God Almighty reigns. (*repeat*)

Alleluia, holy, holy  
Are you Lord God Almighty  
Worthy is the Lamb,  
Worthy is the Lamb,  
For You are holy, holy  
Are You Lord God Almighty  
Worthy is the Lamb,  
Worthy is the Lamb.  
Amen. (*to beginning*)

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**You Are So Good to Me**     *B. & R. Pasley*

You are so good to me,  
You heal my broken heart,  
You are my Father in Heaven (2x)

You are beautiful my sweet, sweet song (3x)  
I'll sing again...

You ride upon the clouds,  
You lead me to the Truth,  
You are the Spirit inside me (2x)

You are beautiful my sweet, sweet song (3x)  
I'll sing again...

**Chorus**

You are my strong melody  
You are my dancing rhythm.  
You are my perfect rhyme  
And I want to sing forever.

You poured out all your blood,  
You died upon the Cross,  
You are my Jesus who loves me. (2x)

You are beautiful my sweet, sweet song (3x)  
I'll sing again...  
(Chorus)

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**Good, Good Father** *Anthony Brown & Pat Barrett*

I've heard a thousand stories of what they  
think you're like  
But I've heard the tender whispers of love in the  
dead of night  
And you tell me that you're pleased  
And that I'm never alone

**Chorus**

You're a good good father  
It's who you are, it's who you are, it's who you are  
And I'm loved by you  
It's who I am, it's who I am, it's who I am

I've seen many searching for answers far and wide  
But I know we're all searching  
For answers only you provide  
'Cause you know just what we need  
Before we say a word

You are perfect in all of your ways  
You are perfect in all of your ways  
You are perfect in all of your ways to us (2x)

Oh, it's love so undeniable; I, I can hardly speak  
Peace so unexplainable; I, I can hardly think  
As you call me deeper still  
As you call me deeper still  
As you call me deeper still into love, love, love

**I Will Pledge This Song to You**     *Jim Cowan*

Chorus

You are holy  
You are holy  
And my life is in your hands.  
You are worthy  
You are worthy  
Take my life and all I am

Every dream I've known  
Every heartache too  
They have all been shared with You.  
All the times I've failed,  
Been untrue to You  
I have known your mercy too. (Chorus)

Now the way shines clear  
And your presence here  
Gives me strength to carry through.  
Lord, You are my Way  
And so every day  
I will pledge this song to You. (Chorus)

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**Reading**

**Homily**

## **Litany of the Sacred Heart of Jesus**

V. Lord, have mercy on us.

*R. Christ, have mercy on us.*

V. Lord, have mercy on us. Christ, hear us.

*R. Christ, graciously hear us.*

V. God the Father of Heaven...

*R. Have mercy on us.*

God the Son, Redeemer of the world... [etc.]

God the Holy Spirit...

Holy Trinity, one God...

Heart of Jesus, Son of the Eternal Father...

Heart of Jesus, formed by the Holy Spirit in the  
Virgin Mother's womb...

Heart of Jesus, substantially united to the Word of  
God...

Heart of Jesus, of infinite majesty...

Heart of Jesus, holy temple of God...

Heart of Jesus, tabernacle of the Most High...

Heart of Jesus, house of God and gate of heaven...

Heart of Jesus, glowing furnace of charity...

Heart of Jesus, vessel of justice and love...

Heart of Jesus, full of goodness and love...

Heart of Jesus, abyss of all virtues...

Heart of Jesus, most worthy of all praise...

Heart of Jesus, King and center of all hearts...

Heart of Jesus, in whom are all the treasures of  
wisdom and knowledge...

Heart of Jesus, in whom dwells all the fullness of  
the Godhead...

Heart of Jesus, in whom the Father was well  
pleased...

Heart of Jesus, of whose fullness we have all re-  
ceived...

Heart of Jesus, propitiation for our offenses...  
Heart of Jesus, overwhelmed with reproaches...  
Heart of Jesus, bruised for our iniquities...  
Heart of Jesus, obedient even unto death...  
Heart of Jesus, pierced with a lance...  
Heart of Jesus, source of all consolation...  
Heart of Jesus, our life and resurrection...  
Heart of Jesus, our peace and reconciliation...  
Heart of Jesus, victim for our sins...  
Heart of Jesus, salvation of those who hope in You  
Heart of Jesus, hope of those who die in You...  
Heart of Jesus, delight of all saints...

V. Lamb of God, who takes away the sins of the  
world, *R. Spare us, O Lord.*

V. Lamb of God, who takes away the sins of the  
world, *R. Graciously hear us, O Lord.*

V. Lamb of God, who takes away the sins of the  
world, *R. Have mercy on us.*

V. Jesus, meek and humble of Heart,  
*R. Make our hearts like unto Thine.*

V. Let us pray...Almighty and eternal God, look  
upon the Heart of Your most beloved Son and upon  
the praises and satisfaction which He offers You in  
the name of sinners; and to those who implore  
Your mercy, in Your great goodness, grant for-  
giveness in the name of the same Jesus Christ,  
Your Son, who lives and reigns with You forever  
and ever.

*R. Amen.*

## **Meditation Chant**

### **Period of Silence**

### **Ubi Caritas Est Vera**

Ubi caritas est vera, Deus ibi est.

Congregavit nos in unum Christi amor.  
Exsultemus, et in ipso iucundemur.  
Timeamus, et amemus Deum vivum.  
Et ex corde diligamus nos sincero

Ubi caritas est vera, Deus ibi est.

Simul ergo cum in unum congregamur:  
Ne nos mente dividamur, caveamus.  
Cessent iurgia maligna, cessent lites.  
Et in medio nostri sit Christus Deus.

Ubi caritas est vera, Deus ibi est.

Simul quoque cum beatis videamus,  
Glorianter vultum tuum, Christe Deus:  
Gaudium quod est immensum, atque probum,  
Saecula per infinita saeculorum

Ubi caritas est vera, Deus ibi est.



## Ave Verum Corpus

Ave verum Corpus natum  
De Maria Virgine:  
Vere passum, immolatum  
In cruce pro homine:  
Cujus latus perforatum  
Fluxit aqua et sanguine:  
Esto nobis praegustatum  
Mortis in examine.

O Jesu dulcis! O Jesu pie!  
O Jesu Fili Mariae.

## Intercessions

## Our Father



## **Benediction**

### **Tantum Ergo**

Tantum ergo Sacramentum	Genitori, Genitoque
Veneremur cernui:	Laus et iubilatio,
Et antiquum documentum	Salus, honor, virtus quoque
Novo cedat ritui:	Sit et benedictio:
Praestet fides supplementum	Procedenti ab utroque
Sensuum defectui.	Compar sit laudatio. Amen

Presider: You have given them Bread from heaven.

**All: Having within it all Sweetness.**

## **Prayer**

### **The Divine Praises**

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true man.  
Blessed be the name of Jesus.  
Blessed be His Most Sacred Heart.  
Blessed be His most precious Blood.  
Blessed be Jesus in the Most Holy Sacrament of the Altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most holy.  
Blessed be her holy and Immaculate Conception.  
Blessed be her glorious Assumption.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be Saint Joseph, her most chaste spouse.  
Blessed be God in His angels and in His Saints.

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved, with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.

## **Joyful, Joyful, We Adore Thee**

*L. van Beethoven, Henry van Dyke*

Joyful, joyful we adore thee,  
God of glory, Lord of love,  
Hearts unfold like flow'rs before thee,  
Op'ning to the sun above.  
Melt the clouds of sin and sadness;  
Drive the dark of doubt away;  
Giver of immortal gladness,  
Fill us with the light of day!

All thy works with joy surround thee,  
Earth and heav'n reflect thy rays.  
Stars and angels sing around thee,  
Center of unbroken praise;  
Field and forest, vale and mountain.  
Flow'ry meadow, flashing sea,  
Chanting bird and flowing fountain,  
Call us to rejoice in thee.

Thou art giving and forgiving,  
Ever blessing, ever blest,  
Wellspring of the joy of living,  
Ocean depth of happy rest!  
Thou our Father, Christ our brother,  
All who live in love are thine;  
Teach us how to love each other,  
Lift us to the joy divine.

The Promises of Our Lord to St. Margaret Mary  
For Souls Devoted to His Sacred heart

1. *"I will give them all the graces necessary in their state of life."*
2. *"I will establish peace in their homes."*
3. *"I will comfort them in their afflictions."*
4. *"I will be their secure refuge during life, and above all in death."*
5. *"I will bestow a large blessing upon all their undertakings."*
6. *"Sinners shall find in My Heart the source and the infinite ocean of mercy."*
7. *"Tepid souls shall grow fervent."*
8. *"Fervent souls shall quickly mount to high perfection."*
9. *"I will bless every place where a picture of My Heart shall be set up and honored."*
10. *"I will give to priests the gift of touching the most hardened hearts."*
11. *"Those who shall promote this devotion shall have their names written in My Heart, never to be blotted out."*
12. *"I promise thee in the excessive mercy of My Heart that My all-powerful love will grant to all those who communicate on the First Friday in nine consecutive months, the grace of final penitence; they shall not die in My disgrace nor without receiving the Sacraments; My Divine heart shall be their safe refuge in this last moment."*